

Starbeck Methodist Church

The Link



October - November

Issue 285

2 Reverend Ann Fox, Minister

Dear Friends

Our President of Conference, Rev Loraine N Mellor, and Vice-President, Mrs Jill Baker, have chosen a theme for this Connexional year (from 1 September), *'Day by Day – exploring the rhythm of mission and discipleship'*.



We have had lots of advice on eating healthily and having '5-a-day', relating to fruit and vegetables, so that term is not unusual to us. But what of our spiritual health? Rev Loraine and Jill encourage us to think of a 'Spiritual Five-A Day'.

These are... *Pray, Give thanks, Act, Read and reflect* and *Keep silence*. Perhaps we can consider these in this and subsequent editions of 'The Link'.

In no particular order, let's look at *Pray*.

The booklet *'Day by day'* prepared by The Methodist Church (www.mph.org.uk or 0845 07 8220) is a handy booklet to slip into your pocket or bag. It has suggestions for prayer in the morning, at noon, in the evening and at night. In the Methodist Worship Book there are resources for 'Prayer in the Morning' and 'Prayer in the Evening' that you may find useful.

In his book *'The Rhythm of Life, Celtic Daily Prayer'* (London: SPCK, 1996), David Adam refers to the rhythm of life on the island of Lindisfarne as being not only ordered by the tides and the seasons, but also by the daily ringing of the church bell for prayer. The fixed pattern of prayer on the island appeals to visitors, who want to continue the pattern when they return to their homes.

What patterns are in your daily life that prompt prayer? If you are an early riser it may be the dawn chorus, or perhaps the school run, or a radio programme, meal times and coffee breaks.

As Christians, Paul encourages us to “pray without ceasing” (1 Thessalonians 5: 17) and to “devote yourselves to prayer; keeping alert in it with thanksgiving.” (Colossians 4: 2-3). There is a sense of persistence and watchfulness. Not only is praying important, but so is the manner in which it is offered.

There are lots of references in the Bible to prayer (for instance, see Matthew 6:5-15, Matthew 14:22-23, Mark 6:46. Mark 11:17, Luke 19:46, Luke 22:39-46, John 17:1-26) and lots of resources are available - we can also use the hymn book and, of course, the Psalms.

As a weekly pattern you are very welcome to join us at the Monday Prayer Group 7.30pm, and the Wednesday morning Prayer Meeting 8.45am, both in the Church Lounge. Here we offer prayers for our church family, community and the wider world.

May our rhythm of prayer resonate throughout the day!

Psalm 138:2 “I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness”.

God bless, Ann

Rev. Ann Fox

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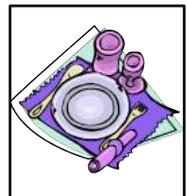
Luncheon Club

Anyone interested, they do not have to be a Church member, the only stipulation is that they are over 60

single/widow/widower/couples

Three course lunch for £4:00 every

Tuesday at 12 noon



Also, if anyone would like to be a helper (on a rota system) we would be only too pleased for assistance

4 Services in October

Starbeck Methodist Church, 93 High Street, Harrogate HG2 7LH

www.starbeckmethodistchurch.org.uk

Contact@starbeckmethodistchurch.org.uk

Sunday 1st October

10:30am Rev. Christine Gillespe

Flowers donated by Mrs D Thompson

arranged by Julia

delivered by Leigh Neville

Sunday 8th October

10:30am Rev. Ann Fox (All ages worship)
JMA presentations

Flowers donated by Mr M Clipston

arranged forThe Harvest Festival **delivered by**All

Sunday 15th October

10:30am Rev. Ann Fox (Holy Communion)

Flowers donated by Mr C Fisher

arranged by Anne

delivered by Julie Hodson

Sunday 22nd October

9am Rev. Ann Fox (Holy Communion)

10:30am Rev. Royston Emms

Flowers donated by Mrs M Doyle

arranged by Julia

Delivered Pam Dawson

Sunday 29th October

10:45am United at Park Grove 10.45

Flowers donated by Mr & Mrs K Nowell, Mr & Mrs R Nowell &
Mrs D Scruton

arranged by Chris

Delivered Joyce Routh

Sunday 5th November

10:30am Mr. Mike Greenberg

Flowers donated by Mr & Mrs Atkins, Mrs B Wood, Mrs Neeson & Nancy's girls

arranged by Anne

delivered by Leigh Neville

Sunday 12th November

10:30am Rev. Ann Fox (Holy Communion)

3pm Rev. Ann Fox cenotaph 3pm

Flowers donated by Mr & Mrs Hall

arranged by Julia

delivered by Julie Hodson

Sunday 19th November

10:30am Rev. Linda Phillips (Holy Communion)

Flowers donated by Flower Fund

arranged by Chris

delivered by Pam Dawson

Sunday 26th November

10:30am Rev. Colin Lake

Flowers donated by Mrs E Haynes & Mrs Coyne

arranged by Olive

delivered by Joyce Routh

Link online

You can now get 'The Link' online at:

<http://dl.dropbox.com/u/6200928/Link.pdf>

Copy the link into a web browser and you can download a PDF version of this edition.

Rivers of Flowers

Thank you to everyone who spent hours making flowers, stitching, wiring and stapling to netting and fabric. For those who braved the elements putting the banner up (we got soaked) and to those who took it down. Thank you for the two lovely crosses made of flowers, and for decorating the Sundi Club trees.

It was lovely to see the community of Starbeck Working together, and with our river of flowers we helped to make Starbeck special

Deep clean

Who needs to go to the gym or enrol at weight watchers when there is Church cleaning to be done. Thank you to everyone who helped. It is only when you start that you realise just how big the building is and the amount of cleaning that needs doing. By the time we had finished I think we were all hooked on the smell of polish, and our backs and knees were telling us to call it a day.

Garden News

You may remember I did mention about having a white border at the end of the car park , well guess what, its white and pink (should have gone to spec savers). Despite the deliberate mistake I still think it looks good.

We have planted some alpines in the boarder near the new fence and if they do well we may plant a few more next year. The grass bed is really doing well by the side of the Church, we have not decided on the planting in the border near the wall, so watch this space.

Thank you to everyone who supports the flower and garden coffee mornings.

"Spilled on the earth are all the joys of heaven"

Anne



STARBECK METHODIST LADIES CIRCLE

The new programme for 2017-2018 starts on 4 October with meetings as below. The Circle meets at 7.30 p.m. in the Wharfedale room at the church for an hour with refreshments after the talk. Annual membership is just £20.00, or you could choose to pay at each visit the fee of £2.50. Everyone is welcome to join this friendly group.

Meetings are as follows in October and November:

Wednesday 4 October :

Yorkshire Air Ambulance talk by Mr Mike Bevington

Wednesday 18 October:

Annual General Meeting :

after this short meeting we will have a shared supper. Please bring a small plate of food to share.

Wednesday 1 November :

Riverford Farm Food cookery demonstration and talk.

The next Circle coffee morning is on Saturday 21 October from 9.30 a.m. - 11.30 a.m.

Please come along and support our coffee mornings by making contributions to the cakes and preserves stall, purchasing some to take home and eating them!



Prayers

We ask that you hold these people before God in prayer.
The family of Bridget Haxby The family of Joyce Reeves
The Brassington family Shirley Clark and family
Jessie Hall Leslie Ternent
The family of Ethel Haynes Rosemary Vasey
Please let me know if you would like your name added to the list.



Anne Hoole: Pastoral Secretary

8 Young of all ages

Sundi Club

We are back in business on the 17th September after our Summer break. Looking forward to an interesting session leading to Harvest.

We would welcome any new members from aged 3-4years upwards.

A huge thank you to everyone for your JMA collections, you've all been working really hard for such a great cause.

There is an update to the date of the presentation ceremony, where young people will receive their badges and certificates will now take place at the Harvest Festival family service on 8th October, rather than in September as previously outlined.

Pauline, Fiona and staff



PARK GROVE and STARBECK METHODIST KNIT 'n' NATTER GROUP

Meet at 1:30pm on the first and third Monday afternoon of each calendar month [term time only - please see Church Notices] : Please bring your own knitting or help us with one of our Group Projects : More information from Rev Gillian Robertson 01423 869730



COFFEE SHOP

OCTOBER

- 7th October Starbeck School PTA
Caroline Mullier
- 14th October JMA (Wharfedale Room)
Fiona Sherwood
- 21st October Ladies Circle
Mollie & Joyce
- 28th October Church Charity (MSF - Medecin sans frontiers)
Shirley Clapham

NOVEMBER

- 4th November Save the Children Fund
Jeanette Mowat
(Christmas cards for sale)
- 11th November Traidcraft (Wharfedale Room)
Julia Mosley

CHRISTMAS FAIR

- 18th November **Christine & Julia**
See page 13 for details
- 25th November Leprosy Mission

Margaret Light

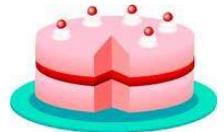
DECEMBER

- 2nd December Brigades
Mark & Vicky

We always are grateful for donations of cakes, preserves etc. to sell on these mornings.



Please bring along your friends and neighbours for a social morning, and plenty of chat. Thank you to all those who give their time to run these mornings.



10 Foodbank and dates for your diary

HARROGATE FOODBANK

There has been an increased demand for the Foodbank this year, partly due to changes in the benefit system which means people waiting for payment for up to 6 weeks with no income.



The following are urgently needed:

Instant Coffee Long Life Milk
Tinned Puddings Custard (tinned or instant)
Tinned Meat

We have plenty at the moment:

Beans Pasta
Toilet Rolls Tinned Vegetables
Tea Fish

Please make sure everything has a long date and no items from fridges please.

Thank you all again for your support – Aline & Keith

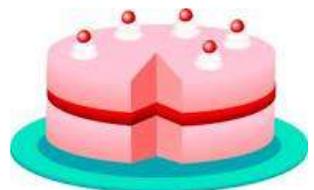
TEA "N" CHAT FOR ALL OVER 60'S

Tea 'N' Chat dates

9th October;
13th November
11th December
1.30pm to 3.30pm

These are open to anyone who is over 60 and are a social afternoon with lots of chat and cake!!

Come and join us.



Come along for a good old sing song 11

FUNCTIONS FOR FUN & FELLOWSHIP

The new season of Concerts is almost complete and we look forward to good audiences from October onwards.

Dates as follows:

THE FISHER SINGERS IN CONCERT

Musical Director ~ June Garbutt

Saturday 14th October at 7.30pm

THE HARROGATE THEATRE CHOIR

Musical Director - Catherine Field-Leather

Saturday 11th November at 7.30pm

YORK CITY GOSPEL CHOIR

Musical Director - Heather Mensah

Saturday 9th December at 7.30pm

Adults £8, child free. Pay at the Door
Light refreshments in the interval

Come and join us at our first concert of the season and bring your friends too.

Volunteers are needed to serve refreshments in the interval,

please talk to Keith or Aline. Thank you in advance.



12 Don't say we didn't warn you

ADVANCE NOTICE:

We have been invited by Charlie Fisher to sing Carols at the Conservative Club on The Avenue on Saturday 2nd December at 7pm.

Please join us and either let Rev Ann or Keith know if you can help.



ADVANCE NOTICE

Christmas Fair at Starbeck Methodist Church

Saturday 18 November 2017

10 am - 2.30 pm

Variety of stalls including

Crafts

Face painting

Lucky dip

Cards

Gifts

Cakes & preserves

Books

Refreshments - Coffee, Tea, Cakes, Light lunches

Admission 50p, children free



We're back!! (after the rather quick summer holidays!)

In August we took an intrepid group of young people to Kirkham near Blackpool for our first canvas camp in a long time. Praying for fun and fellowship (and of course good weather) we set off, with nervous anticipation. The week was a great success and we saw the Red Arrows, went to the Pleasure Beach, went caving indoors, played laser tag, tried archery, played games on the beach and put on our own concert at the end of the week. As many of you know, the planning of a canvas camp is complicated and the level of work required is immense, but even with some young people struggling to put ridge tents up, washing up and making sandwiches, we had a fantastic time. Hopefully a week that the young people will remember for a long time.

Following camp and before we knew it, we were back into planning for the new session. Promising a bigger and better year than last year, we set off with a few adjustments in staffing in certain places and new young people joining different sections, it was all very exciting.

The first night arrived and we were delighted to see every member return. The first Friday is always frenetic and this one was no exception, with a massive level of noise and excitement, each section restarted. It was a delight to see so many young people all smartly turned out, smiling and chatting with other members (plus hearing the older ones still talking about camp).

The second evening of the session, we focus on Brigade Knowledge, with all sections learning about the history and heritage of the BB and GB. It always surprises me, how much knowledge is retained from year to year. The quiz is always a fun way of checking what they've learnt.

14 More Friday night activities....

This year is a special year for 3rd Harrogate as in April we turn 60 years old as a company, which is an incredible achievement and wouldn't have been possible without the support, encouragement and prayer of the church- especially when the going was tough. Watch out over the next few weeks and months for more information regarding our celebrations.

New Members NEEDED

URGENT Plea: We need your help as ever, we are always looking for new members so if you know a young person between the ages of 4 and 17 who would enjoy being a member of Boys' or Girls' Brigade please tell them more about us and encourage them to come down or contact us by email. (thebrigades@hotmail.co.uk).

We are especially looking for young people to join our Anchors and Explorers section (4 to 7 year olds). This section is where the journey begins and it is a hub of energy and excitement- well worth giving a try!!

If you know of an opportunity for us to promote The Brigades either by putting up posters or attending events please let us know. Together let's see our Brigades grow and develop.

Finally do you have a skill or an idea for a session? We are constantly on the lookout for new ideas and new activities that we can try. If you have something or can think of something that you think a young person would enjoy, please come and talk to us. You might want to come down and demonstrate something for an evening, or even just point us in the direction of an activity or resource- all help is appreciated.

The Brigades

From the Circle, a Thank You
To Margaret Light and Sue Green for giving us a lovely afternoon
at the bowling green. Were we enjoyed a fun afternoon of card
making and bowling with cream tea to finish.

Jennie Gudgeon would like to thank you for the beautiful
flowers that were delivered on the 10th if September. They
were very much appreciated.

Maureen Doyle would like to say a big Thank You for the lovely flowers
and all the best wishes she has received from the Church Family

Dates for your diaries
Weekly Prayer Groups -
Mon 7.30pm, Wed 8.45am

Bible Study Groups - 1
7 Oct, 31 October, 14 Nov, 28 Nov, 7pm Church Lounge
8 Oct 10.30am

Harvest Festival with LDC,
donations to Harrogate Foodbank and Harrogate
Homeless Project, inc JMA presentations and dedication
of children and youth workers.

Mon 9 Oct 9.30am
Starbeck Primary School Harvest service at church -
please come along and support the young people.

Clocks change Sun 29 Oct
Section service at Park Grove on Sun 29 Oct - a service
based on MAF (Mission Aviation Fellowship)

Circuit Service at Gracious Street on 29 Oct 3.30pm,
based on the Reformation and Martin Luther

Messy Church 14 Oct and 11 Nov

Starbeck Christmas Fair 18 Nov 10-2

LADIES ENJOY SINGING?

Available Tuesdays 7.30 –
9.30

Come and join our
Barbershop Chorus at
Starbeck Methodist Church
Call Sue 07880803349

P.Kus

Home improvements

For all your
Home Improvement needs

0772 781 1168

pkus248@gmail.com

Harrogate Foodbank

A special request for Long life milk
and long life fruit juice , coffee,
sponge puddings and custard and
sugar. Also toiletries such as soap,
toothpaste, brushes, Toilet Rolls
Thanking you all for your support.

Aline & Keith

Harrogate Homeless Project

Donations of tinned, dried foods,
coffee, tea, sugar etc and toiletries
are needed please.

Please continue to support this
project as the need is ongoing.

Thank you - Pam & Ian

Manhattan Movers

@ the Manhattan Club

Wednesday Line dancing classes

Beginners £4, 7pm

Int/Adv £4, 8pm-11pm

For more information, contact Sarah
Mulholland on 0790 466 6859

Space available

If you want to advertise your business
here, please ring Simon

on 01423 536920

Or email on s.c.mulholland@leeds.ac.uk

Andrew Mulholland

**Handyman and
general maintenance**

If you need any jobs completing
including gardening, driving or
general maintenance, call Andy on

07711 919 347

Any job/hours considered

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